

elRais

SESFORQUILLES

APPETIZERS

French oysters
"Raw or Bloody Mary"
6.00 1pcs (C, A)

Grilled lettuce hearts with "pico de gallo",
green chillies and anchovies
14.50 (P)

"The Croquette" by Ses Forquilles
3.00 (G, L)

Grilled fresh prawns
36.00 (C)

Black pork gyozas ®
with Iberian veil and Hoisin
6 pcs 16.00 (G, S)

Spicy "puntillas" baby squids
20.50 (G, C)

RAW FOOD

Menorcan prawn carpaccio with pine
nuts and basil pesto
20.50 (C, FC)

Slices of salt-cured dry-aged beef
with local pickles and Menorcan olive oil
4 pcs 16.00 (G, L)

Bluefin tuna furikake tartar Saäm
24.00 (C, FC, G, M, MO, P, S, SU)

Dry-aged beef tartare
with chinese bread and hoisin sauce
24.00 (G, MO, P)

TO SHARE

Grilled "coca" flatbread with: (G)
Tomato and Menorcan olive oil (IGP) 7.00
Iberian ham 20.00
Anchovies 24.50 (P)

Burrata, tomato,
Greek Kalamata olives and basil
16.50 (FC, L)

Wagyu jerky beef
with toasted "ensaimada" and butter
20.50 (G, L)

RICE ®

Grilled "senyoret"
Bombeta rice/ Toasted fish broth
Double 50.00 - Triple 75.00 (C, H, M, P)

Black
Bombeta rice / Toasted rockfish broth
Double 50.00 - Triple 75.00 (C, H, M, P)

Iberian pluma with wild asparagus
Bomba rice / Meat broth
Double 50.00 - Triple 75.00

Dry-aged beef
Bomba rice / Meat broth
Double 60.00 - Triple 90.00

Daily rice dish
According to season and market

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SESFORQUILLES

MAINS

Grilled sea bass
with vegetables and romesco sauce

24.00 (FC, G, P, SU)

Parpatana, bluefin tuna steak
with "chimichurri" sauce and fries

35.00 (G, P, SU)

Marinated seabass "Fish & Chips"

24.50 (G, H, P)

Grilled whole fish

60.00 (P)

Grilled dry-aged beef

27.00 (G)

Grilled Iberian pluma

22.50 (SU)

Dry-aged T-bone steak

1.200g approx. 70.00 (G)

SIDE DISHES

French fries 4.50 (G*)

Padrón green peppers 4.50€ (G*)

Vegetables 6.50

Allioli 2.50

DESSERTS

"El Rais" rice pudding ®

7.00 (L)

Peanut coulant with chocolate ice cream
(10 minutes baking required)

8.50 (FC, H, L)

Chocolate fondant

8.00 (G, H, L)

A delicate apple tart with vanilla ice
cream

(Made to order / 10 minutes baking required)

8.50 (G, H, L)

Artisanal cheese board

9.00 portion (G, L)

Homemade ice cream

5.00 (FC, H, L)

This establishment guarantees that the products of fish for consumption raw or undercooked they have been previously frozen at -20°C for at least 24h, to destroy the possible parasitism by anisakis or its larvae.

® Dishes made with rice

SPECIFIC ALLERGY INFORMATION

A: CELERIAC **C:** CRUSTACEANS **FC:** NUTS **G:** GLUTEN **H:** EGG **L:** DAIRY **M:** MOLLUSCS **MO:** MUSTARD **P:** FISH **S:** SOY **SU:** SULPHITES